

ST. JOHN'S

Seniors' Advisory Committee - Minutes

June 18, 2019

9:30 a.m.

Kenmount Terrace Community Park

Present: Sharron Callahan, CHAIR, CARP
Lorraine Best, Seniors NL
Devonne Ryan, Public Representative (19-35)
Deanne Stapleton, Council Representative
Neil Moores, NLPSPA
Ruby Constantine, Citizen Representative
Patsy Yetman, Citizen Representative

Regrets: Glenda Reid, Citizen Representative
Sam Wells
Judy Tobin, Manager of Housing
Neil Hamilton, CARP

Staff: Karen Sherriffs, Manager of Community Development
Robyn Dobbin, Adult & Seniors Co-Ordinator
Maureen Harvey, Legislative Assistant

1. CALL TO ORDER

The meeting was preceded by a tour of 15 Convent Square at 9:30 am.

The meeting was called to order at 11:00 am

2. APPROVAL OF THE AGENDA

Recommendation

Moved By Neil Moores

Seconded By Patsy Yetman

That the agenda be accepted as presented.

CARRIED UNANIMOUSLY

3. ADOPTION OF THE MINUTES**3.1 Minutes of May 9, 2019****Recommendation****Moved By** Ruby Constantine**Seconded By** Devonne Ryan

That the Minutes of May 9, 2019 be adopted as presented.

CARRIED UNANIMOUSLY

4. DELEGATIONS/PRESENTATIONS**5. BUSINESS ARISING FROM THE MINUTES****5.1 Information Note dated June 18, 2019 re: Age Friendly Cities**

The committee was informed that the following members have agreed to service on the sub-committee for the Age-Friendly Cities project.

- Patsy Yetman
- Ruby Constantine
- Glenda Reid
- Lorraine Best
- Sharron Callahan
- Devonne Ryan

The sub-committee will meet in the latter part of July.

5.2 Information Note dated June 18, 2019 re: Seniors Day 2019

Seniors Day 2019 with the support from the Seniors Advisory Committee was a great success. In total there were 208 seniors in attendance, 24 organizations which provided information booths and 15 staff and volunteers. The change in venue to Paul Reynold's Community was very well received. The venue provided ample space for: accessibility, participants, booths, and for staff & volunteers to prepare and serve food effectively.

The Committee discussed Seniors day and provided the following information to assist staff in completing the Seniors Day final report:

- Place cards on table with information booth details sound improvements ie. sound barrier between the exhibition and event space.
- more cookies
- adjust schedule to improve flow of vehicles for parking
- additional tables
- ensure additional advertising for changes to current programming at the centre
- consider changes to the time of the event i.e. maybe 11 am to 2 pm
- No entertainment during booth browsing time. This will reduce the amount of noise.
- Consideration of a photo booth and/or small carnival games
- Consideration of renting dinnerware and silverware

Overall the Committee and those in attendance were very pleased with the change in venue from City Hall to the Paul Reynolds Centre. Approximately 270 people were in attendance and, other than a limited number of cookies available, food was adequate. The accordion playing in the lobby was a very welcomed feature and collaboration at the registration desk made for a smooth registration process.

5.3 Information Note dated June 18, 2019 re: Stella's Circle - Home to Stay

On June 10th, Manager of Community Development, Karen Sherriffs and Coordinator of Adult & Seniors Programming Robyn Dobbin met with employees of Stella's Circle to discuss their new initiative "Home to Stay." Along with "home to Stay" we discussed other services that both the City and Stella's Circle provide.

Stella's Circle provides services to adults who face many barriers to fully participating in their community. These barriers include mental health

challenges, addictions, trauma, poverty, homelessness, criminal justice involvement, low literacy, and long periods of unemployment.

Home to Stay, a social enterprise of Stella's Circle, has the expertise to make a home age-friendly. They offer professional home modification services that are individualized to your needs.

Their services include:

- Installation of grab bars or handrails
- Bathroom modifications
- Improved lighting
- Falls prevention recommendations
- Installation of lever handles on sinks and doors

The Committee discussed with reference to the assessment process. It was reported that the organization uses the expertise of occupational therapists. The intent of Stella's Circle is to promote the availability of this service.

While there is no request to the Committee or the City at this time, it was agreed that the Committee will reconnect with Stella's Circle in the fall.

5.4 Information Note dated June 18, 2019 re: Party in the Park 2019

Party in the Park is a free senior's annual event that takes place in front of the bungalow in Bowring Park. It's an afternoon to celebrate seniors through song, dance and socialization. The event will take place on July 4 with backup day of July 5th from 1 to 4 p.m. The city will be providing a bus with a small fee of \$5, the event is accessible and all Go Bus and cars with accessible permits will be allowed to come and drop off those attending. There will be a limited number of parking provided.

Staff will continue to move forward with the organization of this event. Hard copy and electronic posters will be provided to the Committee for circulation to assist with event promotion.

6. OTHER BUSINESS

Deanne Stapleton left the meeting at 11:23 am.

7. **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:40 am

CHAIRPERSON, SHARRON CALLAHAN